

Fresh fruit, milk & yoghurt  
available daily

## Eastgate Academy Dinner Menu—Autumn Term 2016

	<b>Week 1</b> Weeks commencing: 5/9 3/10 7/11 5/12	<b>Week 2</b> Weeks commencing: 12/9 10/10 14/11 12/12	<b>Week 3</b> Weeks commencing: 19/9 17/10 21/11	<b>Week 4</b> Weeks commencing: 26/9 31/10 28/11
<b>Monday</b>	Cheeseburger Jacket Wedges Salad/Peas Jelly & Whip	Sausage Rolls Seasoned Diced Potatoes Beans/Peas Caramel Shortbread	Sausage Burger Curly Fries Beans/Coleslaw Carrot Cake	Homemade Pizza Potato Waffles Salad/Sweetcorn Fruit Pavlova
<b>Tuesday</b>	Meatballs Pasta Mixed Vegetables Cheese Waffles, Fruit and Ice-Cream	Chicken Korma Rice Onion Bhaji Naan Bread Mixed Vegetables Ice-Cream Tub	Bolognese Bake Salad/Peas Garlic Bread Pancake, Fruit & Ice-Cream	Sweet & Sour Chicken Savoury Rice Vegetable Spring Roll Prawn Crackers Chocolate Cheesecake
<b>Wednesday</b>	Bacon/Sausage Scrambled Egg Beans Hash Brown Yoghurt & Fruit	Jacket Potato Assorted Hot & Cold Filling Toffee Cream Tart	Kugelis Mixed Vegetables Coleslaw Tomato Bread Jam Doughnut	Chilli Con Carne (mild) Jacket Wedges Nachos Salad Frozen Smoothie
<b>Thursday</b>	Roast Chicken & Stuffing Roast Potatoes Carrots/ Sweetcorn Gravy Choc Pudding with Choc Sauce	Roast Pork & Apple Sauce Roast Potatoes Carrots/Green Beans Gravy Ginger Sponge & Custard	Roast Chicken & Stuffing Roast Potatoes Carrots/Broccoli Gravy Cornflake Tart & Custard	Sausage & Yorkshire Puds Roast Potatoes Carrots/Peas Gravy Syrup Pudding & Custard
<b>Friday</b>	Fish Fingers Chips Peas/Hoops Shortbread Pinwheel Milk Drink	Chicken Nuggets Chips Sweetcorn/Beans Iced Cupcake	Fish Cake Chips Peas/Hoops Krackolet	Salmon Fish Fingers Chips Sweetcorn/Coleslaw Oat Cookie Milk Drink